

	ALPHA	BRAVO	CHARLIE <i>Most Popular!</i>	DELTA
	\$199.99 ONE-TIME	\$149.99 MONTHLY	\$199.99 MONTHLY	\$299.99 MONTHLY
FREE INITIAL CONSULTATION	✓	✓	✓	✓
CUSTOMIZED DAILY TRAINING PLAN	✓	✓	✓	✓
INITIAL INTENSITY TESTING SESSION	✓	✓	✓	✓
FREE 30-DAY NO QUESTIONS ASKED REFUND*		✓	✓	✓
PHYSIOLOGY TESTING & ASSESSMENT		INITIAL	MONTHLY	MONTHLY
SWIM/BIKE/RUN FIELD TESTING		MONTHLY	MONTHLY	MONTHLY
UPDATED INTENSITY ZONE ADJUSTMENT		MONTHLY	MONTHLY	MONTHLY
PLAN / WORKLOAD MODIFICATION		MONTHLY	WEEKLY	WEEKLY
TRAINING LOG ANALYSIS		MONTHLY	WEEKLY	WEEKLY
PHONE, TEXT, & VIDEO CHAT		MONTHLY	WEEKLY	UNLIMITED
EMAIL COMMUNICATION	MONTHLY	WEEKLY	UNLIMITED	UNLIMITED
TRAININGPEAKS ACCOUNT		BASIC	PREMIUM	PREMIUM
VIDEO ANALYSIS			MONTHLY	MONTHLY
DELPHI ACADEMY WEBINAR ACCESS		✓	✓	✓
RESISTANCE TRAINING SESSION			MONTHLY	WEEKLY
NUTRITION RECOVERY & EQUIPMENT GUIDANCE		BASIC	ADVANCED	CUSTOM
SUPERVISED WORKOUTS			3 / WEEK	UNLIMITED
ALUMNI DISCOUNT				15%
OFF-SEASON PLAN				FREE
RACE STRATEGY & ANALYSIS			✓	✓
DELPHI PARTNER DISCOUNTS			✓	✓
RACE PLANNING & TRAVEL LOGISTICS				✓